

# A/PACC CONNECTION

**Inside this issue:**

Welcome Back	1
All Nations Leadership Retreat	2
10 Tips to survive College	3
10 Tips Cont.	4
Student Organizations	5
Upcoming Events	5

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## Welcome Back to CSU!

Welcome back to the wonderful campus of Colorado State University! Hopefully each student enjoyed the extra hours of sleep, the absence of piles of homework, and good times over the break. Some of you may have gone home to see beloved family members and old friends from high school. Hopefully you have come back to school rejuvenated and ready to tackle and excel in another year.

Our office name has been changed from Asian/Pacific American Student Services to Asian/Pacific American Cultural Center, or for short, A/PACC. Another change to our office is that our office hours are longer. We are open from 8:00 AM to 9:00 PM, Monday-Thursday and 8:00 AM to 5:00 PM on Friday.

The A/PACC Office has several resources for students. We have a lounge that is available to all students. There are computers available for students to type up their latest paper, research topics, just hang out and/or check email.

The A/PACC Office offers several programs to support students such as Peer Mentors, B.L.A.S.T, T.E.A. Time, P.A.L.S., and many more. Through these programs, students learn more about resources available on campus, learn more about being a more diverse individual, and develop leadership skills. The P.A.L.S. program works as a mentorship program with kindergarten through 5th grade students.

### MEET OUR A/PACC STAFF



Top Row: Left to Right  
Ace, Tony, Derek, Sweta,  
Jessica  
Middle Row: Left to right  
Mikiko, Vivian, Deborah,  
Felicia, Tami  
Bottom Row: Left to Right  
Mai, Michelle, Daniael



## All Nations Leadership Retreat

The All Nations Leadership Retreat is geared toward undergraduate students to encourage interaction within the CSU community, to enrich the college experience at CSU, and to aid in discovering all the possibilities at CSU at Estes Park! After a weekend full of activities and team building on campus and at Estes Park, you will leave with new friends, connections around campus, and a better appreciation of your college experience!

There will be events such as a student panel, APA faculty speaker, team building activities, peer mentor groups, games, free meals, and a bonfire!



Why should you go?

1. Meet new students, current students, staff, and faculty members
2. Get to know your peer mentor or get assigned a peer mentor
3. Learn about the different resources on campus
4. Leadership opportunities
5. Have an amazing time with students who have the same views as you
6. Learn about the different organizations that A/PACC offers

When:

2 October 2009: LSC Rooms 228, 330, 6p.m. to 10p.m.

3 October 2009: Estes Park Buses leaves at 7a.m.

4 October 2009: Estes Park. We will return to Fort Collins in the afternoon

Registration:

- \$20 Deposit required (You will get it back at Estes Park and can use it for snacks and gifts at Estes Park) to reserve your spot
- Deposit is due Wednesday 23 September before 9p.m. turned into the A/PACC Office

## Ten Tips to Survive College

As we start this new semester, many students set goals to perform better in classes. (Because, honestly, not everyone is a 4.0 student.) So as a result, we at A/PASS want to ensure that each student has equal opportunities to excel this upcoming semester. Here are Ten Tips to Survive College that were provided by CASA (The Center for Advising and Student Achievement) Website, [http://www.casa.colostate.edu/Student\\_Achievement/Academic\\_Success/strategies.cfm#](http://www.casa.colostate.edu/Student_Achievement/Academic_Success/strategies.cfm#)



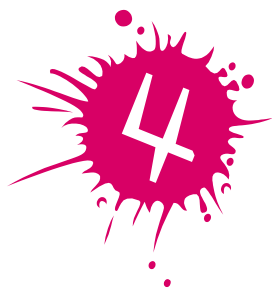
If you haven't already registered, **try not to schedule back to back classes.** You'll wear yourself out besides missing the best times to study--right before and right after class.



**Begin the first day of class.** Know what's expected of you. Take notes from the first day even if it's routine stuff you think you already know.



**Establish a routine time to study for each class.** For every hour you spend in class, you will probably need to study two hours outside of class. Studying for each subject should be at the same time, same place, if possible. Study includes more than just doing your homework. You will need to go over your notes from class labeling, editing, and making sure you understand them. Study your syllabus daily to see where you are going and where you have been. Be sure to do reading assignments. (Don't put them off just because there's not a written assignment.) Read ahead whenever possible. Prepare for each class as if there will be a pop quiz.



**Establish a place to study.** Your place should have a desk, comfortable chair, good lighting, all the supplies you need, etc., and of course, should be as free of distractions as possible. It should not be a place where you routinely do other things. It should be *your study place.*



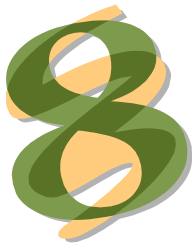
**Do as much of your studying in the daytime as you can.** What takes you an hour to do during the day may take you an hour and a half at night

## Ten Tips to survive College Cont.



**Schedule breaks.** Take a ten minute break after every hour of study. If possible, avoid long blocks of time for studying. Spread out several short study sessions during the day.

**Make use of study resources on campus.** Find out about and use labs, tutors, videos, computer programs, and alternate texts. Sign up for an orientation session in the campus library and computer facilities. Get to know your professors and advisors. *Ask questions.* "I didn't know," or "I didn't understand" is never an excuse.

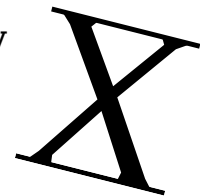


**Find at least one or two students in each class to study with.** Studies show that students who study with someone routinely make better grades. You will probably find yourself more motivated if you know someone else cares about what you are doing in the class. Teaching a concept or new idea to someone else is a sure way for you to understand it. Studying in a group or with a partner can sometimes become too social. It is important to stay focused.



**Study the hardest subject first.** Work on your hardest subjects at a time when you are fresh. Putting them off until you're tired compounds the problem.

**Be good to yourself.** Studying on four hours of sleep and an empty stomach or junk-food diet is a waste of time. Avoid food and drink containing caffeine just before or just after studying.



This information was provided by the CASA website, [http://www.casa.colostate.edu/Student\\_Achievement/Academic\\_Success/strategies.cfm#](http://www.casa.colostate.edu/Student_Achievement/Academic_Success/strategies.cfm#)

CASA (The Center for Advising and Student Achievement) is a great resource for students. These resources include orientation, key communities, undeclared advising, retention, and student achievement. They have information about scholarships and tools on how to succeed during college. The CASA office and the website are great tools for students who want to be successful and have a less stressful college experience. Please check out the website, <http://www.casa.colostate.edu/index.cfm>, or go to the office located at 202 Aylesworth NE.



## Student Organizations

### **Alpha Phi Gamma Sorority, Inc.**

Contact: [aphig@lamar.colostate.edu](mailto:aphig@lamar.colostate.edu)

### **Beta Kappa Gamma Fraternity, Inc.**

Contact: [ciolsen@simla.colostate.edu](mailto:ciolsen@simla.colostate.edu)

### **Kulturang Pilipin@ (Club KP)**

Contact: [Kulturangpilipin@yahoo.com](mailto:Kulturangpilipin@yahoo.com)

### **Hui 'O Hawaii**

Contact: [dahui@lamar.colostate.edu](mailto:dahui@lamar.colostate.edu)

### **Ramnime**

Contact: [ramnime@lamar.colostate.edu](mailto:ramnime@lamar.colostate.edu)

Website: <http://lamar.colostate.edu/~ramnime>

### **Shades of CSU**

Contact: [Adawson@simla.colostate.edu](mailto:Adawson@simla.colostate.edu) or the Facebook group: "Shades of Colorado State University"

## Upcoming Events

### **Big P.A.L.S. Orientation**

**Sunday, September 20, 1-2 p.m.** Contact Felicia Sjim or Michelle Avill at [pals@colostate.edu](mailto:pals@colostate.edu) or for more information!

### **B.L.A.S.T**

Held every Tuesday, 5-7 p.m.

September 08: Mad Fun  
September 15: Typhoon Morakot  
September 22: Secret RAMS  
September 29: True Colors

### **T.E.A. Time: How to make Spring Rolls?**

**Thursday 19 September 2009 at 12p.m.**

In LSC 212, A/PACC Office.

### **Student Advocate Program**

**1st Meeting on 28 September 2009, 6:30-8:30 p.m.**

In LSC 212, A/PACC Office

### **All Nation Getaway**

**Friday October 2, 6pm to 10pm**

In LSC Rooms 228, 330

**Saturday October 3, 7am to Sunday October 4.**

Contact the A/PACC Office for more information.

### **Contact A/PACC:**

Colorado State University  
212 Lory Student Center  
Fort Collins, CO 80523

Phone: 970-491-6154  
Fax: 970-491-2574

E-mail: [anews@colostate.edu](mailto:anews@colostate.edu)

Webpage:  
<http://apacc.colostate.edu>